



AL BEDOOS

The Al Bedoo Shrine Newsletter

COMMUNITY NEWS



It must be spring as daylight savings time is just around the corner on 3/8/26. Life will be renewed.

PNSA was well attended by Al Bedoo, Ill. Sir, Larry Tipton, PP, Noble Keith Dove, Noble Mark Burgad, Noble Sandy Stinnett, Noble Tom Green, Noble Forrest Henderson, Noble Miles Stinnett, Noble Tanner Roe, Noble Brian Engle, Ill. Sir, Tim Hert, PP, Ill, Sir Fred Thompson, PP, and myself attended. Lots of information about the hospital as, well as, fraternal information. They stressed setting up committees to help with the workload, so if interested, please contact me, and we'll get things set up. I may be selecting volunteers to help fill out the committees.

At present, we have 58 members who haven't made their current dues payments. If you have not made your 2026 dues payment, please try to get this taken care of as soon as you can. Thanks!

As you read this, the temple should have a plan for investing our funds. Thank you, Finance Committee, for your hard work in this endeavor.

Important dates in the near future are St. Patrick's day parade on March 14, 2026, following a Divan meeting at the temple. There will be a social gathering on March 19, 2026. Oasis at 5:00 and dinner at 6:00. Ladies, please bring your husbands to enjoy some fellowship.

We are in the planning stages for another bowling day. It looks like sometime in April. So get practicing. Also in the planning stages is a spring ceremonial. This will be held at the temple.

The onion committee will be putting together our onion and condiment order in the near future so get together and project the onions and condiments your club or unit plan to sell. This really helps get the word out that Al Bedoo Shrine is still alive and well.

As always, if you have questions or concerns, please give me a call.

Thanks

Illustrious Sir Vern Tesch

Potentate 2026

MARCH

2026 Divan

Potentate: Vern Tesch
 Chief Rabban: Nate Frickel
 Assistant Rabban: Lance Smith
 High Priest & Prophet: Will Enloe
 Oriental Guide: Sandy Stinnet
 Treasurer: Ron Swenson
 Recorder: Casey Dubbs, PP
 1st Ceremonial: Unreported
 2nd Ceremonial: Unreported
 UU Director: Keith Dove
 Marshall: Unreported
 Captain of the Guard: Unreported
 Outer Guard: Unreported
 Chaplain: Unreported

Al Bedoo Shriner Events Calendar

March, April, May 2026

Recurring Events

1st Thursday, **Eastern Montana Shrine Club** Meeting, 6:30pm–9:30pm, Main Level of the Glendive Masonic Lodge, 202 S Merrill Ave, Glendive.

Every Tuesday, **Shrine Coffee**, 7:30am-9:00am, Scottish Rite, 514 14th St. W.

Every Tuesday, **Hospital Corps** (except 4th Tuesday), 9:00am-10:00am, Scottish Rite, 514 14th St. W.

4th Tuesday, **Hospital Corps Zoom Only Meeting**, 6:30pm-8:00pm.

Every Friday, **Oriental Band**, 6:00pm-8:30pm, 2824 1st Ave N, Billings.

Every Saturday, **Central Montana Shrine Club** Meeting, 11:30am–1:00pm, Doc's Casino Sports Bar & Grill 1660 W. Main St, Lewistown.

2nd & 4th Mondays. **Clowns**, 7:00pm.

2nd Wednesday, **Provost Guard**, 6:00pm.

3rd Wednesday, **Musselshell Valley Shrine Club** meeting, 6:30pm-8:30pm, 317 1st Ave W, Roundup.

4th Wednesday, **Crazy Mountain Shrine Club**, 5:30pm-9:00pm, 101 W 2nd Ave, Big Timber.

Upcoming Events

3-5-25, Thursday, **UU Meeting**, 6:30pm-8:00pm, Zoom Meeting, 711 Central Ave, Suite 122, Billings.

3-14-26, Saturday, **Divan Meeting**, 1:00pm-3:00pm, 5650 US Highway 87 N, Unit 1, Billings.

3-14-26, Saturday, Billings 43rd **St. Patrick's Day Parade**, Street Party & Celtic Fair, 11:00am-3:30pm, Skypoint, 123 N Broadway, Billings, MT 59101

3-19-25, Thursday, **Social Meeting**, 5:00pm-10:00pm, Al Bedoo Shrine Temple, 5650 US Highway 87 N, Billings.

4-2-26, Thursday, **UU Meeting**, 6:30pm-8:00pm, Zoom Meeting, 711 Central Ave, Suite 122, Billings.

4-11-26, Saturday, **Divan Meeting**, 1:00pm-3:00pm, 5650 US Highway 87 N, Unit 1, Billings.

4-16-26, Thursday, **Stated Meeting**, 5:00pm-10:00pm, 5650 US Highway 87 N, Unit 1, Billings.

4-28-26, Tuesday, **Bowling-Town & Country Lanes**, time to be announced, 6126 US Highway 312, Billings, MT 59105

5-2-26, Saturday, **Kentucky Derby Day**, TBD, 5650 US Highway 87 N, Unit 1, Billings.

5-7-26, Thursday, **UU Meeting**, 6:30pm-8:00pm, Zoom Meeting, 711 Central Ave, Suite 122, Billings.

5-15 & 16-26, Friday Saturday, **Algeria Ceremonial**, Details (406) 442-5305, 15 N Jackson St, Helena, MT 59601

5-16-26, Saturday, **Golf Tournament Sidney Shrine Club**, Details TBD

Full event details are available on our calendar posted on AlBedooshrine.org. Please note if we are missing some days, times, and locations of your event, notify me at billm@consul-comp.com.





PNSA 2026

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CHAPLAIN'S CORNER

We are looking for that special Noble to visit our infirm and house bound Nobles! If you have a calling, we have a place for you! Please contact the our office and let us know.

Attention!

Al Bedoo is looking for a new keyboard player for the Calliope! The calliope is still working after a hundred years! If you can play the piano, you can play the calliope! Call Dave Bergeson, at the office, if you are interested in making music!

Black Camel



Memorial Donations

Virginia O'Hara

John Peterson in memory of Phyllis Weidinger

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The following are businesses that have provided excellent customer service and/or competitive pricing to our Al Bedoo Shrine! We would encourage you to support these businesses as they support us.

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Nobles,

I will shortly be traveling to Tampa to receive training on the Recorder's position. I will be focusing on our Al Bedoo Shrine Membership records. WebFez is the membership data center that holds all pertinent facts related to your membership. Please review your account for accuracy and completeness. If you have not yet created your WebFez account, please go to <https://webfez.shrinenet.org/> and register with your email address. You will also need your membership IDs printed on your Shrine Membership card. Once created you may review your information and edit as needed. WebFez is how you receive your virtual Al Bedoo Shrine Card! Thank you for helping me help you!



Ill. Sir, Casey Dubbs, PP
Recorder

Hear ye, hear ye, Nobles all. The Oriental Band is contemplating improving our sound. We're looking for a guitar player to enhance our performance. If this rings a 'chord' with you, we'd love to invite you to our practice on Friday and see what magic we can make together. Contact me at papacharlie99@gmail.com.



Fraternally,

PC Moran, Chronicler of the Desert Winds

All Units!

We have set this page for communications from our Units. We want to let your Shrine family know what you are doing and what your plans are. Our due date for publication is the Friday before the last weekend of the month. Submit your Unit's article to office@albedooshrine.org. We request your participation!

Illustrious Sir, Vern Tesch



Join Al Bedoo Shrine's FaceBook page!

(enter link below)

<https://www.facebook.com/groups/115671493860>

PC's Recipes



Baked Apples

Ingredients

For the Baked Apples:

6 medium baking apples *

1/2 cup brown sugar

1 tsp cinnamon

1/8 tsp grated nutmeg

1/3 cup dried cranberries (craisins or raisins)

3 Tbsp unsalted butter

1/4 cup walnuts, finely chopped, optional

1 cup hot water

To serve (Optional):

Unsweetened whipped cream or vanilla ice cream

Caramel Sauce, (Try our recipe for easy homemade Caramel Sauce)



Instructions

Preheat oven to 375F. In a small bowl, combine 1/2 cup brown sugar, 1 tsp cinnamon and 1/8 tsp nutmeg and stir with a fork. Stir in 1/3 cup dried cranberries and set aside.

Wash and core the apples using a melon baller, or small paring knife, leaving the base intact to keep the filling in – don't cut all the way through! Place apples in a casserole dish just big enough to hold the apples without them touching.

Divide the filling evenly between apples. Top each stuffed apple with 1/2 Tbsp butter, top with walnuts if using, and sprinkle with any remaining cinnamon mixture. Set apples into a 9x13 or 9x12 casserole dish.

Pour 1 cup hot water into the casserole dish and bake at 375F for 45 minutes to 1 hour or until apples are soft (but not mushy). Baking time can vary by the type and size of apples you are using. My Jonagold apples (pictured here) were perfect after 45 minutes but I've had larger Braeburn apples take 1 hour.

Easy Caramel Sauce Recipe

Ingredients

1 cup light brown sugar, packed

4 Tbsp unsalted butter *

1 tsp sea salt, or to taste

1/2 cup half and half, or use equal parts heavy cream and milk

1 Tbsp vanilla extract

Instructions

Combine all ingredients in a small/medium saucepan and simmer over low heat, whisking constantly or until thickened and no longer watery (6-9 min). Keep in mind it thickens more as it cools. Serve warm, at room temperature or chilled. Refrigerate in an airtight container up to 2 weeks. You can re-warm it slightly to make it more drizzle-able.

Recipe Notes

*Apples should be firm, crisp and tart. Great apple options for this recipe include: Rome Beauty, McIntosh, Jonagold, Fuji, Granny Smith, Golden Delicious or even Braeburn.

* Unsalted butter as we're adding sea salt



Miles' Story

Suzanne learned that her son Miles would be born with a cleft lip and palate during a routine ultrasound when she was in her second trimester.

She was referred to Mass General Brigham for an MRI, which would provide more comprehensive imaging of Miles' condition. The family was also referred to Kavitha Ranganathan, M.D., a Shriners Children's Boston plastic surgeon and co-director of the Cleft and Craniofacial Center. Certified by the American Cleft Palate Craniofacial Association, the Center is a collaborative program with Mass General Brigham for Children.

"We loved her from the start," Suzanne recalled, noting the family was comforted knowing that Dr. Ranganathan would be Miles' primary craniofacial surgeon throughout his childhood.



The Cleft and Craniofacial Center supports children and families through all stages of diagnosis and treatment. An interdisciplinary team of plastic and oral and maxillofacial surgeons, orthodontists, speech therapists, dietitians and other clinical specialists are all available to participate in a child's plan of care, based on their individual needs.

Now 1, Miles had his first clinic visit to Shriners Children's Boston just 10 days after he was born, when the family met with Dr. Ranganathan and learned more about his proposed treatment plan. "During the initial times when we see patients, we're able to put together a plan that's reflective of what they will likely need," she said. "Of course, everyone changes and evolves over time, but in general, we can narrow the plan of care down in a way that gives each patient a standardized process, so families know what to expect."

Dr. Ranganathan explained that a child born with a cleft lip and palate will often need care throughout their childhood. "The reason for that is because there are so many different aspects of a child's development that we monitor. We look at how children speak. We look at how children develop from a neurological perspective. We look at how their nutrition is coming along. We also look at how their teeth are developing and assess what needs to be done to get the most beautiful smile possible as they get older," she said. Dr. Ranganathan noted that the team also examines a child's hearing as the child gets older. "Because we see patients in our multidisciplinary clinics, we can evaluate all of these different components."

"We absolutely adore Dr. Ranganathan, she is so kind, compassionate, detail-oriented and communicative. Never met another provider like her. She truly cares for our son, and we trust her fully with our special boy," Suzanne said. Nurse care manager and craniofacial team coordinator Sandy Barrett has also been an invaluable resource to Suzanne and her family. "She has been so helpful with tips for surgeries she's heard from other families, and she is quick to get you any information you are looking for," Suzanne said.

As a parent navigating a cleft diagnosis, Suzanne has some advice for other families. "It may seem scary since it's uncharted territory, and it is, but you get to enjoy your child's smile not just once but twice – two times to fall in love. Clefts are so common."

As Miles is growing into toddlerhood, "he has really started coming into his own," Suzanne said. "He loves music and enjoys climbing. If he had a mountain of drums, that would be a dream day."

Miles also loves playing with his cousins, Grayson, Rosie and Remi, especially outdoors. Suzanne said she and her family are already dreaming about balmy temperatures and sunny summer days. "We are looking forward to spending more summer days outside with the cousins and swimming. Miles loves the water, especially splashing in it!"



Zhenghong's Nordic Skiing Dream

What does it take to turn a challenge into a triumph?

At Shriners Children's, we see the answer in our patients every day. It takes courage. It takes persistence. And it takes the kind of care that empowers children not only to heal, but to believe in themselves.

Shriners Children's patient Zhenghong started para Nordic skiing only four years ago, and the 18-year-old is already making waves in the sport. He met a U.S. Paralympics development coach at a ski camp held by Shriners Children's Twin Cities, who saw his potential.



That connection set him on the road to elite competition – including training in Oberhof, Germany's underground ski tunnel in 2024 and, just months later, racing against the world's best at a World Cup event in Val di Fiemme, Italy.

In July 2025, Zhenghong was named to the 2025-26 U.S. Paralympics Nordic Skiing Development Team. As a Development Team member, he is among seven rising, promising athletes developing skills, speed and experience to transition into the National Team with hopes to compete in the 2030 Winter Paralympics.

Today's success is a long way from where this young man's journey began. When Zhenghong first arrived at Shriners Children's Twin Cities at age 5, he was a new adoptee from China adjusting to life in Minnesota. Because Zhenghong had been born with a limb difference, his mom, Sheila, thought a prosthetic would be essential to help him navigate daily life. The Shriners Children's prosthetics team created a custom device, but they also shared something equally transformative: the reassurance that, whether he wore it or not, he could thrive exactly as he was.

That message, combined with the encouragement of Shriners Children's sports camps, lit the spark that would guide his future. At Winter Camp Achieve, Zhenghong first strapped on skis and discovered the freedom of movement, competition and community.

"Shriners Children's had a huge impact on my athletic career because they were the foundation of me loving sports and wanting to compete," Zhenghong said. "They helped me stay healthy, and they were always willing to find a way to help me succeed whenever I requested a new prosthetic or needed help with something. Shriners Children's gave me the confidence that I could ski with a physical difference. They also had summer camps where I tried out lots of new things like rock climbing and fishing. Those experiences shaped me into who I am today."

"Sheila told us from the start that her son was an athlete," said physical therapist Rebecca L. Rouse, DPT, who worked closely with Zhenghong after an additional diagnosis of scoliosis. "Our role was to strengthen his body so he could do what he loved." Zhenghong learned exercises to keep his residual limb strong, maintain balance and protect his back, especially when skiing. The sports medicine and rehabilitation team also guided him through safe training techniques, including how to adapt equipment in the weight room. %

Now living in Montana to train full time, Zhenghong is still fueled by the support that first took root at Shriners Children's. Sheila reflected on his journey with gratitude: "We intentionally adopted a child with a limb difference, but Shriners Children's opened more doors than I ever thought possible – medically, emotionally and athletically. They've been an amazing partner in helping him grow into who he is today."

"Nordic skiing is a lot of work," Zhenghong said. "It's painful, but it's also really fun and rewarding. Being around world-class athletes with the same disability as me is inspiring. It makes me want to push harder – maybe make the Paralympics someday."

"I've made so much progress in my skiing since freshman year of high school," Zhenghong said. "My technique is so much better, and I've had awesome opportunities to ski all over the world. My goal is to be in the Paralympics in 2030, and I really want to dedicate a lot of time to my career as a para Nordic skier. I've learned so much, and I'm soaking up every part of the journey."

Source - shrinerschildrens.org



Jazzie Keeps Making Big Steps

Five-year-old Jaslynn has celebrated many milestones. From learning to walk to thriving in kindergarten, several key moments of her journey have included her care team at Shriners Children's Spokane.

Jaslynn “Jazzie” was born with a rare disease known as VACTERL syndrome, which impacts major parts of the body, including the spine, heart, kidneys and limbs. It is diagnosed when at least three of these irregularities occur together.

When she was first brought to Shriners Children’s Spokane, her care team worked to determine what would best improve her quality of life. After struggling with casting, they decided that the best option was to amputate both of her legs at the knee.

“The hospital was a scary place for her because she associated that to all of the trauma to help with some of the congenital abnormalities she was dealing with,” said Orthotics and Prosthetics Manager Clint Hastings, a member of her care team.

Over time, that fear quickly turned into joy. When her family spoke with local news station 4NewsNow for last year’s telethon, Jazzie laughed and played with Clint and with Ginny, Spokane’s facility dog, as she moved through the hallways with ease – those same hallways where she took her first steps.

After her surgeries, Spokane’s Pediatric Orthotic and Prosthetics Services (POPS) department staff fitted her with two prosthetics, and a team of physical and occupational therapists helped improve her movement. With her mom and her care team around her, Jazzie used her prosthetics to walk for the very first time – a heartwarming moment that demonstrates the life-changing care the staff at Shriners Children’s provides.

Her team said she has shown incredible resilience and continues to reach physical milestones with confidence. Dora, Jazzie’s mom, said it’s a struggle keeping up with Jazzie, even without her forearm crutches. “She is a brilliant little girl. For all that she’s been through, she’s very brilliant.”

Jazzie will require additional surgeries further down the line to further improve her mobility, but her next big milestone is completing her first year of school. In kindergarten, she continues to make new friends and build her independence.

“Her friends and her classmates really take care of her,” said Dora. “She wouldn’t use her [crutches], and they’d go, ‘Jazzie here’s your sticks,’ and she’d say, ‘I don’t need my sticks.’”

By receiving high-quality care at Shriners Children’s at an early age, Jazzie has been able to thrive in ways she wouldn’t have been able to otherwise.

“[Shriners Children’s] can be a place of joy, because she’s able to walk and use her prosthetics and functionally to do the things that all other kids are able to do,” said Hastings.

Source - shrinerschildrens.org



Wish these Brother Nobles a very Happy Birthday for March!

- 4 Michael E. Ebert**
- 5 Harry J. Murphy**
- 8 Dennis E. Massey**
- 10 Tucker R. Rice**
- 13 Roger L. Petersen**
- 15 Daniel E. Massey**
- 18 Robert M. Green**
- 19 Richard V. Mihalovich**
- 20 Steven P. Shuck**



- 22 William R. Whitmus**
- 22 Perry W. Maddox Jr.**
- 23 Norman W. Anderson**
- 26 William R. Funk**
- 26 Sean P. McDuffee**
- 28 Brian E. Engle**
- 29 Roy S. Brewington**
- 30 Kevin A. Haugan**
- 30 Jackson W. Salsbury**



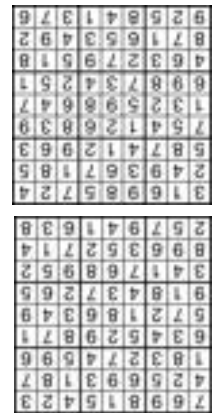
Sudoku Corner

Easy

3			9				2	4
		9		6			8	5
	8	7	4	1				
7			1		6	8		9
1	3			9			4	7
6		8	7		4			1
				7	9	5	1	
8	7			5		4		
9	2				1			6

Tricky

		9			5			
	2							7
	8			7	4			6
6			5	2				
	7	2	1		6	3	4	
				3	7			5
3			7	6				5
8								1
			9			6		



The aim of Sudoku is to complete the entire grid using the numbers 1-9. Each number can only be used once in each row, once in each column, and once in each of the 3x3 boxes. Visit www.sudokuoftheday.com for further tips and help about how to play – and good luck!”

Sudoku puzzles are provided by www.sudokuoftheday.com – visit them and get a new Sudoku every day!

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Al Bedoo Shrine Temple  
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 Office@albedooshrine.org

Address correction requested

**Upcoming Events Month At A Glance**

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Full details on page 2. Full year calendar posted to AlBedooShrine.org.

**Editors Note:**

Please make your submissions by the Friday of last weekend each month that we may publish before the next month begins. Text contributions to be in a "text" format, like Microsoft Word or Notepad, rather than a "pdf" or "jpg" image so that we may modify as needed.

**Your contributions are requested and encouraged!**

Editor: Bill Murphy

Editor: Rachel Old Coyote

Please submit contributions to:

Please submit contributions to:

billm@consul-comp.com

Office@albedooshrine.org

